

**Newsletter 4: March 25, 2008:  
Our New Uniforms Have Arrived**



Uniforms are here and boy are they cool!

Our athletes are surely going to run faster, jump higher, and throw farther! Make sure your athlete picks up his/her uniform from the Age Group coach this week. Any size changes can be arranged only on a first come, first serve basis.

Please pick up your uniforms from your coach by no later than Thursday. We will be very busy on Saturday with the home meet.

**First Track Meet - Saturday March 31st**



Our first track meet is taking place this Saturday. Here are the details:

- Date: Saturday March 29, 2008
- Time: Sign-in starts at 8:00am  
Field Events start at 8:30am  
Running Events start at 8:45am
- Where: College of the Canyon
- Since this is a home meet, we need all volunteer positions filled from newsletter 2. We are letting the away teams handle one LJ pit and the HJ pit but we will need volunteers for all other positions.
- Looking forward to seeing many smiling faces on Saturday!



### First Track Meet - What To Bring

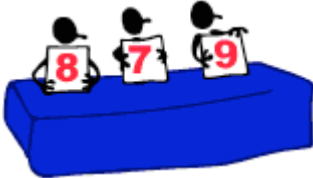
- Water (lots of it)
- Snacks - fruits, veggies, sandwiches, power bars, health bars, granola bars, etc
- Sunscreen
- Umbrella/canopy/hats
- Complete uniform
- Games - to pass time between events
- Sweats/Warm-up outfit
- Powerade/Gatorade
- Running shoes/spikes

### Order of the Meets:

**(Kathy – please just attach the link to Valley Youth website with the order of the events page13-14 ; call me with questions)**

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### Meet Results



The results for all meets are posted on the [Valley Youth Conference website](#) and are also linked from our own [Meet Schedule and Results](#) page. (Kathy, can you create a hyperlink to the right race from our page??) If you find that a result doesn't seem correct, please notify your coach. Their [phone numbers](#) are listed on our website under [Management Team](#). . Sometimes mistakes happen when the judging occurs and the hosting team will double check the results for accuracy.

## Merchandise Orders



You took the time to place your orders, now we need you to take a few moments and pick up your merchandise. Many orders will be available on Wednesday or Thursday of this week. We are only filling completed orders and not partially completed orders. Please look at the white board for your name as you enter practice. There are so many orders so they will be filled from the parking lot.

Please note that we also have decals and socks for sale on demand. See Paula if you want something and we will bring it to practice for purchase. Thanks for showing your spirit.